

SWIMMING LESSONS SCHEDULE – SUMMER 2017

SWIMMING LESSONS at the RHS pool are accredited by the American Red Cross. Lessons meet every day, Monday through Friday.

Session	Dates	Half-hour (1/2) Intervals	
		<u>Morning Class Times</u>	<u>Afternoon Class Times</u>
Session 1	June 19 – July 7	8:00 – 8:30 a.m.	12:30 – 1:00 p.m.
Session 2	July 10 – July 28 Sign up for session 2 July 6 & July 7 at pool (no class July 3 rd and 4 th)	8:30 – 9:00 a.m. 9:00 – 9:30 a.m. 9:30 – 10:00 a.m.	1:00 – 1:30 p.m. 1:30 – 2:00 p.m. 2:00 – 2:30 p.m.
Session 3	July 31 – August 11 (2 wks.) Sign up for session 3 July 27 & 28 at pool	10:00 – 10:30 a.m. 10:30 – 11:00 a.m.	

Please note transportation will not be provided by the school after July 21st.

OPEN SWIMMING SCHEDULE – June 19 – August 11 (Summer)

Saturday & Sunday	Afternoon	2:00 – 4:00 p.m.
Monday – Friday	Afternoon	2:30 – 4:00 p.m.
Monday – Thursday	Evenings	7:00 – 9:00 p.m.

ADULT WATER AEROBIC CLASSES – June 19 – August 11 (Summer)

Monday & Wednesday	Evenings	6:00 – 7:00 p.m.
Monday, Wednesday & Friday	Mornings	7:00 – 8:00 a.m.

ADULT LAP SWIM – June 19 – August 11 (Summer)

Tuesday & Thursday	Evenings	6:00 – 7:00 p.m.
Tuesday & Thursday	Mornings	6:00 – 8:00 a.m.

SEASON PASS FEES

Daily Fee	District Resident	Out-of-district Resident
Child/Student	\$2.00	\$2.50
Adult	\$4.00	\$5.00
Season Pass – please see pass information sheet		

For further information contact Jessica Huser at the Ripon High School pool – 748-4617.

SWIMMING LESSON REGISTRATION FORM

Form D

Use this form to sign up for Session 1 classes Only!

<u>Morning Class Times</u>
8:00 – 8:30 a.m.
8:30 – 9:00 a.m.
9:00 – 9:30 a.m.
9:30 – 10:00 a.m.
10:00 – 10:30 a.m.
10:30 – 11:00 a.m.

<u>Afternoon Class Times</u>
12:30 – 1:00 p.m.
1:00 – 1:30 p.m.
1:30 – 2:00 p.m.
2:00 – 2:30 p.m.

Parent and Child: This class is for children under the age of four to get comfortable in the water with a parent.

Pre-requisites for Level 1:

Student must be 4 years old. Student must be able to stand in three feet (3') of water, with head above water.

Level 2: Students are taught to kick, float, and perform basic paddle strokes. Children can swim ten yards with flotation device and five feet without by the end of this level.

Level 3: Children in level 3 build endurance by swimming on their front and back 1/2 the length of the pool. They learn to tread water and perform basic diving skills.

Level 4: Children refine their strokes and build endurance up to one length of the pool without resting - swimming on front and back.

Level 5: Students are introduced to butterfly, learn new dives and work to build their endurance.

Level 6: Students advance to:

6.1 Personal Water Safety	Swimmer will work on the following skills: mastery of front crawl, back crawl, breaststroke, sidestroke, and butterfly. Several different dives will be of focus. Survival floats and survival swim will also be included.
6.2 – Fitness Swimmer	This class is for the swimmer that has mastered strokes and is ready to swim strokes continuously, while working on staying in swimming shape. A swimming fitness program will be worked on as well.
6.3 – Lifeguard Readiness	Preparation for Lifeguard Training that is offered through the American Red Cross.

Student Name (PLEASE PRINT)	Age	LAST Level Completed	Time Request First Choice	Time Request Second Choice

You will received notification from the pool director regarding the session(s) in which your child(ren) will be placed.

Parent/Guardian Signature: _____

Address: _____

Phone Number: _____

School District: Check one: Ripon Other

Email: _____

Please return registration (D, E, F, G and H if applicable) to the school office your child will be attending for the 17-18 school year.

Deadline: April 7, 2017— No late registrations will be accepted.

For further information: Contact the Pool Director, Jessica Huser at the High School pool-748-4617.

FOR OFFICE USE ONLY:

Session 1 Time

Session 2 Time

Session 3 Time

PLEASE PRINT

Form E



SWIMMING POOL EMERGENCY FORM

EMERGENCY MEDICAL AND DENTAL CARE INFORMATION

Student Name(s):

1.	2.
3.	4.

Order to be called (#1 and 2)

1. Parent/Guardian Name:

Address:	Home Phone:
E-mail Address:	Cell Phone:
Place of Work:	Work Phone:

2. Parent /Guardian Name:

Address:	Home Phone:
E-mail Address:	Cell Phone:
Place of Work:	Work Phone:

Contact Person in case parent/guardian cannot be reached:

Name:	Home Phone:
E-mail Address:	Cell Phone:

Please indicate who should be contacted in the event of an unreported absence. Check preferred contact method.

Name	Home Phone:
E-mail Address	Cell Phone:

In an emergency, I authorize the nurse, principal or designated school personnel to call:

Physician	Phone
Dentist	Phone

If necessary, I authorize the use of an ambulance and the doctor on call at the nearest medical facility. I authorize:

<input type="checkbox"/> Physician treatment	<input type="checkbox"/> Dental treatment
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Special health conditions or medication instructions

Medications taken regularly	Childs Name:	Medication:
	Childs Name:	Medication:
	Childs Name:	Medication:
Allergies	Childs Name:	Medication:
	Childs Name:	Medication:
	Childs Name:	Medication:

Parent/Guardian Signature	Date
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POOL PASS REGISTRATION

Form F

I would like to order the following pass(es).

Type	District	Non-District	Total \$
Year pass	Expires June 8, 2018		
Child	\$60.00	\$90.00	
Adult	\$105.00	\$140.00	
Family	\$145.00	\$205.00	
Senior	\$55.00	\$75.00	
Summer Pass	Expires Aug. 11, 2017		
Child	\$40.00	\$55.00	
Adult	\$70.00	\$100.00	
Family	\$100.00	\$145.00	
Senior	\$40.00	\$55.00	
School Year Pass	Sept. 5, 2017 – June 7, 2018		
Child	\$30.00	\$45.00	
Adult	\$50.00	\$75.00	
Family	\$75.00	\$100.00	
Senior	\$25.00	\$40.00	

I have enclosed a check payable to Ripon Area School District for \$ _____

Please do NOT tape or staple check to this form!

Pass Type	NAME ON PASS

If purchasing a family pass, list below family members to be included on the pass.

Passes can be picked up at the High School swimming pool on the 1st day of lessons.

All students participating in summer swimming lessons must have an emergency card on file at the Ripon High School swimming pool office.

Please return this form to the school your child will be attending for the 17-18 school year.

FOR OFFICE USE ONLY: _____
RHS POOL – SWIMMING LESSONS EMERGENCY CARD

Ripon High School Pool Rules (Revised 2/22/17)

Form G

In order for you to be allowed to use the pool facility this summer, you must read and sign this agreement. **Please return this agreement (Form G) along with the Swimming Pool Emergency Pool (Form E). If you are registering for swimming lessons or requesting a pool pass, please also submit Forms D and F if applicable.**

1. The pool cannot be used if no lifeguard is on duty.
2. Patrons are required to observe all health and sanitation rules of the State Board of Health.
3. Showers are required by everyone before swimming. This includes getting your hair wet.
4. Those with shoulder length or longer hair must have hair pulled back.
5. No shoes are to be worn in the showers.
6. Only swimsuits are allowed in the pool. No T-shirts, regular shorts, cut-offs, or women wearing shorts over their suits will be allowed.
7. Bandages and band-aides should be removed before entering the pool.
8. Do not enter the pool if you have a communicable disease or an open cut.
9. No running, pushing or horseplay allowed.
10. No diving in the shallow end.
11. Patrons are asked not to splash or dunk heads of others. Chicken fighting or any other rough play in the pool is forbidden.
12. No smoking, eating or drinking any beverages besides water is allowed on the pool deck, in the locker rooms, or in the bleacher area. Glass containers of any type are not allowed around the pool, locker rooms or bleacher area.
13. Swimmers are not to hang or balance on lines.
14. Children age 5 and under, or who are unable to touch in the shallow end must be accompanied in the water by an adult.
15. No chewing gum or candy is allowed.
16. Street shoes may not be worn on deck.
17. No talking or visiting with the lifeguards while they are on duty.
18. Kickboards, flippers or masks are permitted only for specific purposes of instruction.
19. No floatation devices are allowed in the pool.
20. Children are not allowed to jump to parents from the diving board, nor are parents allowed to go off the board with the child. (This is allowed only during swimming lessons.)
21. Children must be able to swim the length of the pool before being allowed to utilize the diving board.
22. Only one person is allowed on the diving board at a time.
23. No running off of the diving board.
24. No hanging on the diving board.
25. You are only allowed to dive off of the front of the diving board.
26. No sitting dives.
27. Remember that the lifeguards are there for your safety; they should not be splashed or harassed.

I have reviewed the above rules for the Ripon High School with my child(ren), and we agree to abide by them while at the Ripon High School Pool.

Parent/Guardian Signature: _____ Date: _____