

**NUTRITION BAR**

Included with your meal and offered daily.  
Choose from a variety of fresh fruits or vegetables



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

1  
**No School**  
Happy New Year

2  
**Fish Sticks**  
Sun Chips  
Coleslaw  
Baby Carrots

3  
**Chicken Tortilla Soup**  
Corn Tortilla Chips  
Diced Tomatoes

4  
**BBQ Pork**  
Roasted Potatoes  
Brown Baked Beans  
Fresh Veggies

5  
**Sriracha Lo Mein Bowl**  
Oriental Blend  
Edamame

8  
**Chicken Parmesan**  
Butterd Noodles  
Mixed Veggies  
Fresh Spinach

9  
**Chicken Nuggets**  
Cheesy Broccoli Rice  
Steamed Green Beans  
Baby Carrots

10  
**Tater Tot Nachos**  
Spanish Rice  
Pinto Beans  
Diced Tomato

11  
**Chicken Salad Wrap**  
Deli Pasta Salad  
Baby Carrots

12  
**Mini Corn Dogs**  
French Fries  
Golden Corn  
Grape Tomatoes

15  
**No School**  
MLK Jr. Day

16  
**French Toast Sticks**  
Hash Browns  
Sausage Links  
Warm Cin. Apples

17  
**Roast Turkey**  
Dinner Roll  
Potatoes & Gravy  
Baby Carrots

18  
**Sweet n Sour Chicken**  
Brown Rice  
Glazed Carrots  
Fresh Broccoli

19  
**Pizza Dippers**  
Marinara Sauce  
Garlic Green Beans  
Garden Salad

22  
**Pancakes**  
Scrambled Eggs  
Tater Tots  
Baby Carrots

23  
**Chicken Alfredo**  
Garlic Breadstick  
Italian Blend  
Fresh Spinach

24  
**Pulled Pork Sandwich**  
Sweet P. Waffle Fries  
Golden Corn  
Chilled Peas

25  
**Buffalo Chicken Nachos**  
Golden Corn  
Refried Beans  
Celery Sticks

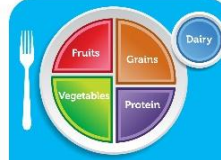
25  
**Orange Chicken**  
Brown Rice  
Oriental Blend  
Edamame

29  
**Mini Corn Dogs Tater Tots**  
Brown Baked Beans  
Cherry Tomatoes

30  
**Turkey w/ Gravy**  
Mashed Potatoes  
Dinner Roll  
Baby Carrots

31  
**Spaghetti w/ Meat Sauce**  
Garlic Breadstick  
Italian Blend  
Fresh Spinach

**FRESH PICKS**



Choose MyPlate.gov

**Specials**

M-Burger Bar  
T- Mexican Fiesta  
W-Soup & Salad  
Th-Mexican Fiesta  
F-Breakfast For Lunch

**The Grille**

Selection of Cheese Burger, Chicken Patty, or Daily Hot Sandwich

**The Deli**

Extra entrees, beverages, and sweet or savory snacks are available for purchase every day.

**Bravo**

Home made pizza by the slice, with a variety of toppings.

**GOOD to GO**

Grab n Go Sandwiches, PB & Jelly, Yogurt Parfaits, and Salads

**Menu Key:** FP = Fresh Pick • WG = Whole Grain