

NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School
Happy New Year

Fish Sticks
Sun Chips
Coleslaw
Baby Carrots

**Chicken
Tortilla Soup**
Corn Tortilla Chips
Diced Tomatoes

BBQ Pork
Roasted Potatoes
Brown Baked
Beans
Fresh Veggies

**Sriracha Lo Mein
Bowl**
Oriental Blend
Edamame

**Chicken
Parmesan**
Butterd Noodles
Mixed Veggies
Fresh Spinach

Chicken Nuggets
Cheesy Broccoli Rice
Steamed Green
Beans
Baby Carrots

Tater Tot Nachos
Spanish Rice
Pinto Beans
Diced Tomato

**Chicken
Salad Wrap**
Deli Pasta Salad
Baby Carrots

Mini Corn Dogs
French Fries
Golden Corn
Grape Tomatoes

No School
MLK Jr. Day

**French Toast
Sticks**
Hash Browns
Sausage Links
Warm Cin. Apples

Roast Turkey
Dinner Roll
Potatoes & Gravy
Baby Carrots

**Sweet n Sour
Chicken**
Brown Rice
Glazed Carrots
Fresh Broccoli

Pizza Dippers
Marinara Sauce
Garlic Green Beans
Garden Salad

Pancakes
Scrambled Eggs
Tater Tots
Baby Carrots

Chicken Alfredo
Garlic Breadstick
Italian Blend
Fresh Spinach

**Pulled Pork
Sandwich**
Sweet P. Waffle Fries
Golden Corn
Chilled Peas

**Buffalo Chicken
Nachos**
Golden Corn
Refried Beans
Celery Sticks

Orange Chicken
Brown Rice
Oriental Blend
Edamame

**Mini Corn Dogs
Tater Tots**
Brown Baked Beans
Cherry Tomatoes

Turkey w/ Gravy
Mashed Potatoes
Dinner Roll
Baby Carrots

**Spaghetti w/
Meat Sauce**
Garlic Breadstick
Italian Blend
Fresh Spinach

**FRESH
PICKS**



Specials

Sepection of
Cheese Burger,
Chicken Patty, or
Daily hot
Sandwich

Next

Monday:
Tuesday:
Wednesday:
Thursday:
Friday:

Soup Bar
Pizza by the Slice
Sub Sandwiches
Mexican Fiesta
Burger Bar

Customize meals
your way and add
fruits, veggies,
and milk to make a
meal.

GOOD to GO

Grab n Go
sandwiches, PB &
Jelly, Yogurt
parfaits, and
Salads

A'viands
an elior company

Menu Key: FP = Fresh Pick • WG = Whole Grain