

Ripon Area School District K-12 BREAKFAST MENU for May 2017

Serving Breakfast Monday – Friday

Weekly Specials Grades K-12

Weeks 1&3& 5 (May 1-5 & May 15-19 & May 29-June 2)

- Monday: Warm Breakfast Sandwich
- Tuesday: Lumberjack Pancake & Sausage on a Stick
- Wednesday: Cereal and Graham Cracker
- Thursday: Mini Pancakes (blueberry or strawberry)
- Friday: Chef's Choice

Week 2&4 (May 8-12 & May 22-26)

- Monday: Cheese & Turkey Breakfast Sausage Pizza
- Tuesday: Ultimate Breakfast Round & Fruit Yogurt
- Wednesday: Asst Cereal Bar
- Thursday: Warm Cinnamon Waffle
- Friday: Chef's Choice



Build a Healthy Plate

- Make half your plate fruits and vegetables
- Make at least half your grains, whole
- Vary your protein choices
- Switch to skim or 1% milk

For more information go to www.choosemyplate.gov



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Additional Alternative Breakfast:

Cold Cereal & String Cheese,
or Peanut Butter & Jelly Sandwich
or Hot Breakfast Sandwich

**The Breakfast Menu follows the guidelines of the SBP
For a complete breakfast meal Choose at least 3 of 4 Foods Offered**

- Grains
- Protein (Meat/Meat Alternate)
- Juice
- Fruit Choice
- ½ Pint Milk
- Please choose 3 different items



**Serving
Breakfast
Monday to
Friday**



For menu questions, please email

ripn@aviands.com

For meal account questions,
please call 920-748-4600

Breakfast Prices

Student Full	\$1.45
Student Reduced	\$0.30
Adult	\$2.50
Milk	\$0.35

Menu subject to
change

Menu Key: T = Contains Turkey
P = Contains Pork • N = Contains Nuts • WG = Whole Grain