



**Barlow/Journey K-2 & Murray/Quest 3-5
Elementary School Lunch Menu**

June 2017



Daily alternative: PB & Grape Jelly Sandwich
or Yogurt, Muffin & String Cheese
All meals offered with Fruit, Veggies, & Milk

Monday



Tuesday

June is National
Fruit & Vegetable
Month

Wednesday

**FUN FACTS:
STRAWBERRY**

Berries are full of
good things for you
like Vitamin C.

**FRESH
PICKS.**

Thursday

Chicken Nuggets

Broccoli Rice
Celery Sticks
Daily Fruit & Milk
Selection

Friday

Pepperoni Pizza

Baked Fries
Veggie Mix Up
Daily Fruit & Milk
Selection

**Beef & Cheese
Nachos**

Pinto Beans
Lettuce & Tomato
Daily Fruit & Milk
Selection

**Pizza Dippers w/
Marinara Sauce**

Mixed Veggies
Chef's Choice Veg
Daily Fruit & Milk
Selection

**Deli Sub
Sandwich**

Cheesy Broccoli
Veggie Mix Up
Daily Fruit & Milk
Selection

Last Day of School
Hot Dog w/ Bun

Sun Chips
Baby Carrots
Daily Fruit & Milk
Selection

No School

**Summer School
Begins**



Check out the
summer school
breakfast
program available
at each school!

Breakfast menus
are available
online at
ripon.k12.wi.us

Payments can be
made online, at
each school
office, or at the
ASC building.

**Have a great
summer!**

Lunch Includes Nutrition Bar Sides & Choice of Milk

Lunch Prices:

Paid: \$2.70 A la Carte Milk: \$0.35
Reduced: \$0.40

USDA is an equal opportunity provider and employer.

For questions and comments, please email the
Food Service Director at
ripon@aviands.com or call **920-748-4600**

Menu Key: FP = Fresh Pick

All grains served are whole grain-rich.

A'viands