

JumpStart

BREAKFAST

K-5 Summer School SPECIALS

Includes Daily Entrée, Choice of Fruit, Juice, and Milk

WEEK 1

Monday: **Breakfast Pizza**
Tuesday: **Egg, Sausage & Cheese Muffinwich**
Wednesday: **Warm Mini Pancakes or Waffles**
Thursday: **Breakfast Burrito or Lumberjack**
Friday: **Ultimate Breakfast Round (UBR)**

WEEK 2

Monday: **Breakfast Bar & String Cheese**
Tuesday: **Warm Cini Minis**
Wednesday: **Mini Strawberry Bagels**
Thursday: **Breakfast Pizza**
Friday: **Yogurt & Muffin or Cereal Cup**



Includes Daily Entrée, Choice of Fruit, Juice, and Milk

Rotating Entree Choices

Yogurt Cup • Cereal • PB & Jelly Sandwich
served Daily – \$1.50

Breakfast available daily for all students
School Cafeteria
15 minutes before class begins

BUILD A HEALTHY PLATE

Make half your plate
fruits and vegetables.
Make at least half your
grains, whole grains.
Vary your protein choices.
Switch to skim or 1% milk.

For more information go to
www.chowmyplate.gov

The Breakfast Menu follows the guidelines of the School Breakfast Program (SBP)

A complete breakfast meal consists of fruit and
two of the three available options:

- Grains
- Protein
- Milk

BREAKFAST PRICES

Student	\$1.50
Reduced	\$0.30
Adult	\$2.50
Milk	\$0.35

*Barlow & Journey & Murray students receive
Universal Free Breakfast through summer
school.

Keep track of your account balances- check them out
online. For more information regarding the meal
policy, e-mail meyerb@ripon.k12.wi.us and put meal
policy request in the subject line.

FOOD SERVICE DIRECTOR: Briony Storz
Email: ripon@aviands.com



All grains products are whole grains.

This institution is an equal opportunity provider.

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