

RMS Cafeteria before school starts every day!

MONDAY

Breakfast Pizza or Cereal Bar ²
Fruit
Chilled Juice
Milk

Egg & Cheese Pizza or UBR ⁹
Fruit
Chilled Juice
Milk

Breakfast Pizza or Cereal Bar ¹⁶
Fruit
Chilled Juice
Milk

Egg & Cheese Pizza or UBR ²³
Fruit
Chilled Juice
Milk

Breakfast Pizza or Cereal Bar ³⁰
Fruit
Chilled Juice
Milk

TUESDAY

Pancake & Sausage Lumberjack or Maple Pancakes ³
Fruit
Chilled Juice
Milk

Pancake & Sausage on a Stick or Blueberry Waffles ¹⁰
Fruit
Chilled Juice
Milk

Pancake & Sausage Lumberjack or Maple Pancakes ¹⁷
Fruit
Chilled Juice
Milk

Pancake & Sausage on a Stick or Blueberry Waffles ²⁴
Fruit
Chilled Juice
Milk

Pancake & Sausage Lumberjack or Maple Pancakes ³¹
Fruit
Chilled Juice
Milk

WEDNESDAY

Cereal Cup & WG Poptart ⁴
Fruit
Chilled Juice
Milk

Cereal Cup & String Cheese ¹¹
Fruit
Chilled Juice
Milk

Cereal Cup & Hard Cooked Egg ¹⁸
Fruit
Chilled Juice
Milk

Cereal Cup & Graham Cracker ²⁵
Fruit
Chilled Juice
Milk

PB & Jelly is always available

THURSDAY

Egg & Cheese Breakfast Sandwich ⁵
Fruit
Chilled Juice
Milk

Fruit & Yogurt Parfait ¹²
Fruit
Chilled Juice
Milk

Ham, Egg & Cheese Breakfast Sandwich ¹⁹
Fruit
Chilled Juice
Milk

Fruit & Yogurt Parfait ²⁶
Fruit
Chilled Juice
Milk

Jump Start Your Day with a Healthy Breakfast

FRIDAY

Frudel Stick or Mini Cini ⁶
Fruit
Chilled Juice
Milk

Frudel Stick or Mini Cini ¹³
Fruit
Chilled Juice
Milk

Frudel Stick or Mini Cini ²⁰
Fruit
Chilled Juice
Milk

Frudel Stick or Mini Cini ²⁷
Fruit
Chilled Juice
Milk



Specials

Fruit, juice, and milk selections are available with every entrée.

Extras

A la carte items will be available for purchase every day.

Not hungry right away in the morning? Grab breakfast now, and eat later in the morning.

Keep track of your families accounts and make payments- just log-in into Infinite Campus!

GOOD to GO

Student Breakfast \$1.50
Extra Milk \$0.35
Adult: \$2.50

A'viands
an elior company

Menu Key: *FP* = Fresh Pick • *WG* = Whole Grain