

JumpStart

BREAKFAST

RHS Summer School SPECIALS

Includes Entrée, Choice of Fruit, Juice, and Milk

WEEK 1

Monday: **Sausage Breakfast Pizza**
Tuesday: **Breakfast Sandwich**
Wednesday: **Breakfast Tornados**
Thursday: **Breakfast Sandwich**
Friday: **Pancake & Sausage on a stick**

WEEK 2

Monday: **Breakfast Tornados**
Tuesday: **Breakfast Sandwich**
Wednesday: **Breakfast Sausage Pizza**
Thursday: **Breakfast Sandwich**
Friday: **Muffin, Go Gurt & String cheese**

GOOD to GO

Includes Entrée, Choice of Fruit, Juice, and Milk

Rotating Entree Choices

Breakfast Bars • Cereal • Pop Tart
Fresh Fruit, served Daily – \$1.50

Breakfast served in RHS Commons
15 min before classes start
Available for all students

BUILD A HEALTHY PLATE

Make half your plate
fruits and vegetables.
Make at least half your
grains, whole grains.
Vary your protein choices.
Switch to skim or 1% milk.

For more information go to
www.choosemyplate.gov

The Breakfast Menu follows the guidelines of the School Breakfast Program (SBP)

A complete breakfast meal consists of fruit and
two of the three available options:

- Grains
- Protein
- ½ Pint Milk

BREAKFAST PRICES

Student	\$1.50
Reduced	\$0.30
Adult	\$2.50
Milk	\$0.35

Keep track of your account balances- check them out
online. For more information regarding the meal
policy, e-mail meyerb@ripon.k12.wi.us and put meal
policy request in the subject line.

FOOD SERVICE DIRECTOR: Briony Storz
Email: ripon@aviands.com

connections
CAFE

All grains products are whole grains.

This institution is an equal opportunity provider.

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