

CHEF'S SPECIALS

Includes Hot Entrée, Choice of Fruit, Juice, and Milk

WEEK 1

Monday: **Breakfast Pizza** 1 ea.
 Tuesday: **Egg & Ham Sandwich** 1 serv.
 Wednesday: **French Toast Sticks** 3 ea.
 Thursday: **Yogurt w/ Crunchy Granola** 1 ea.
 Friday: **Pancake Sausage on a Stick** 1 ea.

WEEK 2

Monday: **Fruity Cheerios Cereal Bar** 1 ea.
 Tuesday: **Mini Cinnamon Roll** 1 ea.
 Wednesday: **Breakfast Pizza** 1 ea.
 Thursday: **Ultimate Breakfast Round** 1 ea.
 Friday: **Bagel with Cream Cheese** 1 ea.

GOOD TO GO

Includes Hot Entrée, Choice of Fruit, Juice, and Milk

Rotating Entree Choices

Breakfast Burrito • Bagel Sandwich
 English Muffinwich • Biscuit Sandwich
 Croissant Sandwich • Breakfast Wrap
 Ultimate Breakfast Round • Cereal • Pop Tart

Fresh Fruit, Yogurt and Granola Parfaits served Daily – \$X.XX

Build a Healthy Plate

Make half your plate fruits and vegetables.
 Make at least half your grains, whole grains.
 Vary your protein choices.
 Switch to skim or 1% milk.

For more information go to www.choosemyplate.gov

The Breakfast Menu follows the guidelines of the School Breakfast Program (SBP)

A complete breakfast meal consists of fruit and two of the three available options:

- Grains
- Protein
- ½ Pint Milk

Breakfast Prices

Student	\$1.50
Reduced	\$0.30
Adult	\$2.50
Milk	\$0.35

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