



Ripon Middle School

A LA CARTE MENU Monday – Friday

A la Carte items available for purchase for Grades 6-8.

Beverages:

- Milk, ½ Pt \$0.35
- 4oz Juice \$0.50
- Bottled Water - 12 oz \$1.00
- 100% Bottled Juice -10 oz \$1.50
- Bottled Water- 20oz \$1.50

Snacks:

- String Cheese or Granola Bar \$0.50
- Asst. Baked Chips & Snacks \$1.00
- Fresh Seasonal Fruit-(Asst.) \$0.50
- Fresh Baked *Signature* Cookies \$1.00
- Yogurt -4oz \$1.00

Hot Stuff:

- Specialty Pizza a la carte \$2.25
With Daily Nutrition Bar and Milk \$2.95
- Hamburger a la carte \$2.25
With Daily Nutrition Bar and Milk \$2.95
- Chicken Patty a la carte \$2.25
With Daily Nutrition Bar and Milk \$2.95



Build a Healthy Plate

*Make half your plate
fruits and vegetables
Make at least half your
grains, whole
Vary your protein choices
Switch to skim or 1% milk*

**For more information go to
www.choosemyplate.gov**

**The Complete Lunch~is Your Best
Value**

<u>Lunch Prices:</u>	include ½ Pt milk
Student	\$2.95
Reduced	\$0.40
Adult	\$3.50
Milk	\$0.35

Any Questions?
Contact the Food Service
Director:
920-748-4603
ripon@aviands.com

*Don't miss another delicious
lunch!*

Free and Reduced Meal
Applications available in the
School Office

A'viands
FOOD & SERVICES MANAGEMENT