

DECEMBER 2018

BARLOW PARK & JOURNEY K-2
MURRAY PARK & QUEST 3-5
LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Patty Sandwich Brown Baked Beans Fresh Broccoli Daily Fruit & Milk	4 Swedish Meatballs Buttered Pasta Chef's Choice Veggie Mix Up Daily Fruit & Milk	5 BBQ Pork Dinner Roll Brown Baked Beans Baby Carrots Daily Fruit & Milk	6 Teriyaki Chicken Brown Rice Glazed Carrots Fresh Broccoli Daily Fruit & Milk	7 Pizza Day Green Beans Garden Salad Daily Fruit & Milk
10 Mini Corn Dogs Tater Tots Baby Carrots Daily Fruit & Milk	11 Italian Meatball Hoagie Italian Blend Fresh Spinach Daily Fruit & Milk	12 Hot Ham & Cheese Sweet P. Waffle Fries Golden Corn Coleslaw Daily Fruit & Milk	13 Chicken Fajita w/ Soft Tortilla Refried Beans Diced Tomato Daily Fruit & Milk	14 Pizza Burger Potato Wedges Garden Salad Daily Fruit & Milk
17 Fish Sandwich Steamed Peas French Fries Coleslaw Daily Fruit & Milk	18 Chicken Nuggets Gravy & Mashed Potatoes Golden Corn Baby Carrots Daily Fruit & Milk	19 Chicken Alfredo Garlic Breadstick Steamed Broccoli Fresh Spinach Daily Fruit & Milk	20 Cheese Quesadillas Spanish Rice Mexi-Corn Black Bean Salsa Daily Fruit & Milk	21 Pizza Day Potato Wedges Garden Salad Daily Fruit & Milk
24 No School	25 No School	26 No School	27 No School	28 No School
31 No School		Lunch Prices: Regular: \$2.85 reduced .40 or Free Adult-\$3.50	Extra Text	

NUTRITION BAR

Included with your meal and offered daily.
 Choose from a variety of fresh fruits or vegetables including Romaine Lettuce.
 For questions and comments, please email the Food Service Director at ripon@aviands.com or call 920-748-4600