

Newton's Eat-In Adventure

JANUARY 2019

BARLOW PARK & JOURNEY K-2
MURRAY PARK & QUEST 3-5

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| Lunch Prices: Regular: \$2.85 reduced .40 or Free Adult-\$3.60  | 1 NEW YEAR'S DAY Happy 2019 | 2 Zippy Taco Soup Tortilla Chips Cherry Tomatoes Fruit & Milk | 3 Mini Corn Dogs Seasoned Potatoes Diced Tomatoes Fruit & Milk | 4 Home Style Cheese Pizza CA Blend Garden Salad Fruit & Milk |
| 7 Grilled Chicken Parmesan Buttered Noodles Mixed Veggies Fresh Spinach Fruit & Milk | 8 Creamy Chicken & Rice Bake Dinner Roll Green Beans Baby Carrots Fruit & Milk | 9 Beef & Cheese Enchilada Stack Cilantro Lime Rice Refried Beans Romaine Lettuce Fruit & Milk | 10 Tator Tot Bake Dinner Roll Mixed Veggies Baby Carrots Fruit & Milk | 11 Hot Dog w/Bun Baked Fries Garden Salad Fruit & Milk |
| 14 Mozzarella & Marinara Baked Rotini Golden Corn Fresh Broccoli Fruit & Milk | 15 Seasoned Chicken Brown Rice Black Beans Fresh Tomato Fruit & Milk | 16 Turkey in Gravy Dinner Roll Mashed Potatoes Baby Carrots Fruit & Milk | 17 Sweet N Sour Chicken Nuggets Brown Rice Glazed Carrots Fresh Broccoli Fruit & Milk | 18 Pepperoni Pizza Green Beans Garden Salad Fruit & Milk |
| 21 Warm Pancakes Cheesy Scrambled Eggs Tator Tots Baby Carrots Fruit & Milk | 22 Crispy Chicken Sandwich Blended Veggies Fresh Spinach Fruit & Milk | 23 BBQ Pork Sandwich Swt. Potato Waffle Fry Golden Corn Coleslaw Fruit & Milk | 24 Beef and Cheese Nachos Bean Salsa Diced Tomato Fruit & Milk | 25 Cheeseburger w/ Bun Potato Wedges Garden Salad Fruit & Milk |
| 28 No School Enjoy your day off! | 29 Creamy 3 cheese Mac N Cheese Breadstick Steamed Peas Cherry Tomatoes Fruit & Milk | 30 Italian Meat Sauce Buttered Spaghetti California blend veggie Fresh Spinach Fruit & Milk | 31 Nacho Dorito Walking Taco Seasoned Rice Mexi-Corn Bean Salsa Fruit & Milk |  |

NUTRITION BAR

Included with your meal and offered daily.

Choose from a variety of fresh fruits or vegetables, including Romaine Lettuce.

For questions and comments, please email the Food Service Director at ripon@aviands.com or call 920.748.4600

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This institution is an equal opportunity provider